

Title	Dr	First Name	Houshou	Last Name	Suzen	Photograph			
Designation	Assistant Professor								
Department	Applied Psychology								
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Email	suzenpao@gmail.com/hsuzen@spm.du.ac.in								
Education	Ph.D								
Subject	Institution			Details					
Psychology	University of Delhi			Ph.D: Sanitatem Animae: Healing of Souls in Makhrafii-Christian Ancestry.					
Research Interests/ Specialization	<p>a) Jungian Psychology b) Counselling Psychology c) Social Psychology</p>								
Teaching Experience									
Ad-hoc position-	<ul style="list-style-type: none"> • March 26, 2015 – May 22, 2015 Vivekananda College, DU 								
Permanent position-	<ul style="list-style-type: none"> • July 29, 2015 – present - Shyama Prasad Mukherji College for Women, DU 								

Publications:**Research Papers in Journals:**

Rai, A., & Suzen, H., Pavi, M.(2021). Exploration of perceived stress among married and unmarried women employees in public and private sector. *International Journal of All Research, Education and Scientific methods*, Impact factor: 7.429, Vol. 9, Issue 10, October.

Dixit, S., Bhatia, S., & Suzen, H. (2022). Internet Addiction and Anxiety amid COVID-19 in India: Role of socioeconomic status and locus of control. *International Journal of Research in Social Science*, 12(4), 91-102. (ISSN- 2249-2496). Impact Factor: 7.081 DOI: 10.5281/zenodo.6409086

Participation in International Conferences/Workshops:**2018-19**

Inter-Disciplinary FDP on “Effective Teaching & Learning practices” SPM College 22nd Sept 2018 -26th Sept 2018 SPM College

National Workshop/Seminar on “Formation and usage of Technical Terminology in Higher Education” SPM College 29th Oct 2018- 30th Oct 2018. Commission for Scientific & Technical Terminology MHRD & Dept of Hr Education

National Seminar on Ethics in Psychological Research. Deptt of Psychology DU. 16th March 2019 - Dept of Psychology under UGC (SAP) DRS

2019-20

Training Course on the Topic “Educate Yourself to Educate Others” Mumbai 26th Oct 2019 27th Oct 2019 International Teens4Unity Centre, Rome Italy.

Webinar on “Art of Thesis Writing” Online 7th April 2020 - SPM College

Webinar on “Designing Questionnaire: A Research Tool” Online 14th April 2020 - SPM College

Webinar on “Effective Use of ICT Tools in Online Teaching & Learning” Online 28th April 2020 - IQAC, SPM College

Webinar on “Transformative Power of Mentoring” Online 9th May 2020 - IQAC, SPM College

One week FDP on “Open Source Tools for Research” MOOCs 8th June 2020 14th June 2020 Teaching Learning Centre Ramanujan College DU under the aegis of MHRD, Pandit Madan Mohan Malaviya National Mission on Teachers & Teaching.

4 week Induction/Orientation Programme for Faculty in Universities/Colleges/Institute of Hr Education. MOOCs 26th June 2020 24th July 2020 Teaching Learning Centre Ramanujan College DU under the aegis of MHRD, Pandit Madan Mohan Malaviya National Mission on Teachers & Teaching.

2 week FDP on “Managing Online Classes & Co-creating MOOCs 3.0” MOOCs 25th July 2020 10th Aug 2020 Teaching Learning Centre Ramanujan College DU under the aegis of MHRD, Pandit Madan Mohan Malaviya National Mission on Teachers & Teaching.

2020-2021

Completed a 2 week FDP on the topic ‘Managing online classes and coRamanujan College DU under the aegis of MHRD, PMMMNMT

Completed a two week FDP on the topic ‘Research methodology: A learning journey from bivariate techniques to multivariate techniques from 10 December – 23 December 2020, organized by Deptt of Commerce, TLC, Ramanujan College DU under the aegis of MHRD, PMMMNMTT.

2021-2022

Attended the International Conference on ‘Self: Analytical and Clinical Management’ as delegate, held on virtual platform from 24th to 26th September 2021, organized by Ahmedabad Jung Centre (Developing Group of International Association of Analytical Psychology).

Successfully completed online one week FDP on *Teaching Learning Methods: From micro-teaching to peer learning* from 31st Jan- 6th Feb 2022 and obtained grade A+, organised by Teaching learning centre, Ramanujan College.

Attended the International Conference on ‘Life and its complexes’ as delegate, held on virtual platform from 18th to 20th February 2022, organized by Ahmedabad Jung Centre (Developing Group of International Association of Analytical Psychology).

2022-23

Attended the International conference on “SELF AND INDIVIDUATION: OPUS OF A LIFETIME” as a delegate, held from 23rd to 25th September 2022 on virtual platform organized by Ahmedabad Jung Centre (DG of International Association of Analytical Psychology).

Successfully completed the online ‘Advanced course in Child and Youth Mental Health - 2023, organised by Children First from 17th August - 30th September 2023.

2023-2024

Authored a chapter for Psychology (course code: 328) for the senior secondary level NIOS, ISBN 978-84-19479-03-0 (Book-1), ISBN 978-81-19479-04-7 (Book-2).

Attended in a seminar on ‘Teaching in Indian Languages and Usage of Technical Terminology’ organised by Commission for Scientific and Technical Terminology, Ministry of Education, Government of India from 8th April - 9th April 2024.

Completed a course on ‘Safeguarding Children and Vulnerable Adults’ organised by Focolare Movement on 28th April 2024.

Award

- Awarded Ph.D on October 29th, 2019.

Other Responsibilities:

1. Contribution to college committees and initiatives-

1. Garden Committee, Co-convener SPM College -July 2018 to June 2019
2. North East Committee, Convener SPM College - July 2018 to June 2019
3. Garden Committee, Convener SPM College- July 2019- June 2020
4. SC/ST Cell/ North East (SAMTA), Member, SPM College- July 2019- June 2020
5. Garden Committee, Convener, July 2020 - June 2021
6. North East Cell/Society, Co- convener, July 2020 - June 2021
7. Garden Committee, Co-convener, July 2021- June 2022
8. North East Cell/Society, Convener, July 2021- June 2022
9. Teacher in charge, Department of Applied Psychology, June 2023 till date

Member, Organizing Committee	UGC Sponsored national seminar on “Psychology of National Integration” Member Organizing Committee	Shyama Prasad Mukherji College	30.07.2019	31.07.2019	UGC and Shyama Prasad Mukherji College, University of Delhi
Member, Organizing Committee	International Conference, ‘In dialogue with Mahatma Gandhi’ Member Organizing Committee	Shyama Prasad Mukherji College	8.11.2019	9.11.2019	Shyama Prasad Mukherji College, University of Delhi
Member, Organizing Committee	National Conference on food safety,	Shyama Prasad	6.3.2020	7.3.2020	UGC and SPM College

	nutritional security and sustainability	Mukherji College			
Organizer	Webinar on the topic “Bridging the cultural gap” by Mr. J. Maivio	Online	20 th Feb 2021	-	North East Society, SPM College, University of Delhi.
Organizing member	Webinar on the topic “Career Opportunities in Defense Services”	Online	22 Sept 2021		Department of Applied Psychology, SPM College, University of Delhi.
Organizing member	National webinar on the topic ‘Music and Meditation’	Online	15 th Jan 2022		Department of Applied Psychology, SPM College, University of Delhi

2. Examination related duties-

- Been convener and member of Board of examiners (paper setters) for different papers from 2018 -19, 2019-20, 2020-21, 2021-22 & May 2023
- Internal examiner for practical exams in our college-SPMC from 2018 -19, 2019-20, 2020-21, 2021-22 & May 2023
- External examiner for practical exams in other colleges of DU from 2018 -19, 2019-20, 2020-21, 2021-22 & May 2023
- Evaluated scripts at CEC from 2018 -19, 2019-20, 2020-21, 2021-22 & May 2023

3. Affiliation with Professional Organizations-

Ahmedabad Jung Centre (A developing group of International Association of Analytical Psychology)

4. Other Contributions-

- Lesson writer- Senior Secondary textbook on Psychology, National Institute of Open Schooling- July 2019.
- Member of syllabus building committee (NEP-UGC) for the paper- Contemporary therapeutic approaches, April 2023.

Dr. Houshou Suzen